

Middleton Primary

Week 1 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

✓ = Vegetarian



Date:

16th April, 14th May, 18th June, 16th July
3rd September, 1st October



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Sausage & Gravy

Chicken Pie & gravy

Roast Beef & Gravy

Chicken Pizza
Ham & Pineapple Pizza

Battered Salmon Fillet

✓ Veggie Sausage & Gravy

✓ Veggie Cottage Pie

✓ Quorn Roast & Gravy

✓ Cheese & Tomato Pizza

✓ Jacket Potato with Cheese

Tomato & Basil Pasta

Panini

Halal Chicken

Jacket Potato with Cheese or Tuna

Tomato & Basil Pasta

Side dishes

Mashed Potato

Mashed Potato

Organic Roast Potato
Yorkshire Pudding

Homemade Garlic Bread
or
Diced Potatoes

Oven Chips

Baked Beans
Green Beans

Broccoli
Carrots

Vegetable Medley
(Broccoli, Cauliflower,
green beans)

Mixed Salad
Sweetcorn

Peas
Coleslaw

Dessert

Fruit Sponge & Custard

Lemon Drizzle Cake
Custard

Oatmeal & Raisin Cookie

Jelly & Fruit

Fruit Muffin
Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



For our silver food for life, we use Organic Eggs, Organic Pasta and Organic Potatoes. Over 75% of our dishes are home produced from fresh ingredients. All our meat is British Red Tractor and our fish MCS/MCS accredited.

Menu may be subject to change



Middleton Primary

Week 2 2018

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Date:

23rd April, 21st May, 25th June, 23rd July
10th September, 8th October



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	BBQ Chicken Fillet ✓ Cheese Flan Filled Ham Baguette	Homemade Pork Meatballs with Tomato Sauce ✓ Dal Curry with Mint Sauce Chick Pea Curry Panini	Roast Gammon With Gravy ✓ Quorn Roast With Gravy Halal Chicken	Beef Lasagne ✓ Pizza Jacket Potato with Fillings	Fish Finger ✓ Quorn Steak Strip Fajita Wraps Tomato & Basil Pasta With Quorn
Side dishes	Rice Boiled Potatoes Green Beans Carrots	Pasta Rice Mixed Salad Sweetcorn	Organic Roast Potatoes Pineapple Vegetable Medley	Wholemeal Baguette Chunks Homemade Garlic Bread Baked Beans Sweetcorn	Oven chips Peas Coleslaw
Dessert	Cornflake Crunchies Milk Fresh Fruit Salad	Crispy Apricot Flan & Custard Fresh Fruit Salad	Chocolate Muffin Milk Fresh Fruit Salad	Cookie & Fruit Wedges Fresh Fruit Salad	Ice Cream & Fruit Fresh Fruit Salad



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Middleton Primary

Week 3 2018

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Date:

30th April, 4th June, 2nd July
17th September, 15th October



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Cajun Chicken

✓ Tomato & Basil Pasta

Halal Chicken Tikka Curry

Homemade Sausage Plait

✓ Veggie Lasagne

Panini

Roast Beef With Gravy

✓ Quorn or Linda McCartney Sausage with Gravy

Halal Chicken

Assorted Pizza Chicken or Ham

✓ Cheese & Tomato Pizza

Jacket Potato with Tuna Mayo

Salmon Fishcake & Parsley Sauce

✓ Homemade Cheese & Tomato Quiche

Tomato & Mascarpone Pasta

Side dishes

Rice

Green Beans
Carrots

Baguette Chunk
Boiled Potatoes

Baked Beans
Sweetcorn

Yorkshire Pudding
Organic
Boiled/Mashed Potato

Vegetable Medley

Diced Potatoes

Mixed Salad
Sweetcorn

Oven Chips

Peas
Coleslaw

Dessert

Ginger Bread Man
Milk

Fresh Fruit Salad

Chocolate & Pear
Sponge
Custard

Fresh Fruit Salad

Fruit Muffin

Fresh Fruit Salad

Carrot Cake

Fresh Fruit Salad

Chocolate Brownie

Fresh Fruit Salad

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Middleton Primary

Week 4 2018

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Date:

7th May, 11th June, 9th July
24th September



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	All Day Breakfast ✓ Veggie All Day Breakfast	Spaghetti Beef Bolognaise ✓ Vegetarian Pie	Roast Turkey With Gravy ✓ Quorn Roast With Gravy	Tuna Melt ✓ Pizza	Fish in Tempura Batter ✓ Cheese & Tomato Snack
Side dishes	Jacket Potato with Tuna Mayo Bread & Butter Baked Beans Tomatoes	Panini Baguette Chunk Sweetcorn Carrots	Halal Chicken Organic Boiled Potatoes Vegetable Medley	Tomato & Basil Pasta Diced Potato Mixed Salad Coleslaw	Ham Baguette Oven Chips Mushy Peas Salad
Dessert	Cornflake Tart & Custard Fresh Fruit Salad	Shortbread Cookie Milk Fresh Fruit Salad	Pear & Ginger Sponge Custard Fresh Fruit Salad	Scone with Jam & Cream Fresh Fruit Salad	Jelly & Fruit Fresh Fruit Salad

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